

Restaurante Sol y Mar



~~ Dinner ~~

Dishes served with vegetables and choice of rice or potato

Fish of the Day choose: Vera Cruz Salsa (fresh tomato, onion, garlic, olive and jalapeno), Thai Coconut Curry , Garlic Butter, Smoked Jalapeno Sauce or Basil Garlic Butter

Thick Cut Pork Chop choose: Teriyaki Sauce, or Creamy Mushroom Sauce

Grilled Beef Tenderloin choose: Creamy Mushroom Sauce , Dry Seasoned with Basil Garlic Butter, or Smoked Jalapeno Sauce

Pastas include fresh parmesan topping and salad on the side

Pasta with Fish of the Day in Smoked Jalapeno Sauce

Pasta with Heart of Palm and Oven-Roasted Herb Tomatoes

Pasta with Fish in a light sauce of Olive Oil, Capers, Lemon, & Garlic

Pasta Carbonara Bacon, Cream, Parmesan Cheese

Pasta Bolognese Tomato-Herb Meat Sauce

Other Dishes

Fattie Burrito [Chicken, Beef, Pork or Vegetarian] with rice, beans, cheese, lettuce, salsa and sour cream

Quesadilla [Chicken or Vegetarian] grilled flour tortilla stuffed with melted cheese and choice of filling. Served with rice, beans, salsa and sour cream

Super Nachos tortilla chips topped with beans, seasoned chicken, tomato, onion, sweet pepper, cheese, and avocado served with salsa and sour cream

Fish Tacos corn tortillas filled with seasoned fish and shredded cabbage. Served with lemon wedges, rice, beans, salsa and sour cream

Sodas, Beer, Wine & Cocktails Available

Prices do not include 10% Service and 13% Sales Tax